

# GROW YOUR PROGRAMME

## Additional Programmes

By the end of this section you will have:

- Been introduced to additional programmes that IkamvaYouth offers and understand your tutoring programme as part of a broader holistic offering
- Developed your own creative ideas about how to implement these programmes and to implement new programmes that are relevant to your own context
- Been given directories and databases of service providers who could aid the delivery of these programmes

IkamvaYouth provides a holistic view to academic improvement. Alongside the tutoring programme, branches introduce a range of additional programmes when they have the capacity to do so.

### Note

It is not expected that an organisation in its first year will be implementing all programmes fully. When you have been running your tutoring programme successfully for a year and have the basics right, you may want to add additional programmes.

Start with those that are easiest to implement and require the least resources.

### Tip

Gradually build a network of partners and providers that are able to run workshops in the various categories. **Don't try and do it all yourself.**

There are other fantastic organisations that exist for this very purpose. If you are struggling to find a provider please contact IY and we can try and help locate the right organisation(s).

## Media, Image and Expression

Please watch this [video](#) regarding the importance of MIE and some ideas to get you started.

Media, image and expression allows learners to engage in new activities that broaden their horizons and that have an impact on their personal development. IkamvaYouth have offered drama, poetry, art, music, photography, reading and many more workshops and clubs.

To gauge interest it is helpful to discuss what the learners want at SPW or Branchcom. This will mean that your efforts to organise are aligned with the learners' interests. Once you have an idea what you want to offer you can either establish a regular 'club' or include it the winter school programme or another holiday period. This choice will depend largely on the service provider and the format of the programme.

It is often most effective to outsource these programmes unless you have the specific skills within your staff or volunteer team. There are hundreds of other organisations and individuals who will run workshops and programmes for free or at very low cost.

**Resource: Workshop provider directory**

### Note

This section has mentioned various ideas for workshops/clubs but it is important for you to have a conversation with your learners - what would they like to see, learn, do? It is also a good idea to consult your tutors. They will be able to offer ideas and may well have the expertise to facilitate some activities.

The possibilities are endless and the emphasis is on providing young people with the opportunity to have new experiences and express themselves.

## Health and Life Skills

Similarly to Media, Image and Expression there is a lot of scope within this programme. Below are some ideas that have been delivered by IkamvaYouth. As with MIE it is best to outsource the provision of these services if possible.

The possible activities are endless and will largely depend on what you and the learners themselves can identify as areas for 'development' and learning.

Some of the clubs and activities ran over the years at our branches are listed below.

### **Sexual Health workshops & Voluntary, Counselling and Testing workshops**

This is an essential aspect of adolescent health. Learners must know why and how to take control of their sexual health and the services that are available to them to do so. Sexual health does not just include HIV/AIDs. There are various aspects including other Sexually Transmitted Diseases (STDs), establishing healthy relationships, exploring sexuality, understanding teenage pregnancy.

Although these kind of activities can be facilitated by the coordinator, it often helps to get an external person to facilitate them as this allows for more expertise around the subject and can give an added level of anonymity/confidentially that is often necessary when dealing with sensitive topics.

There are likely to be local organisations and programmes that you can link up with in your area. In the past IkamvaYouth have partnered with Lovelife and Desmond Tutu Foundation.

## Man/Ladies Club

We have found both the man and ladies club to be hugely effective for participants. They have taken slightly different shapes at different branches but in essence they provide a safe space for young people to engage in dialogue around some of the issues that they want to discuss. This can happen on a weekly, fortnightly or monthly basis (largely depended on your/the volunteer facilitator's availability)

The first steps of any such club are establishing trust between the facilitator and the group and amongst the group themselves. This can be done with trust building exercises, co-creating ground rules, and having open/honest conversations from the very beginning.

It is then important to discuss with the members what it is they want out of the club i.e. what are their expectations? There are many ways to do this; holding an open conversation, asking for written suggestions, co-creating a constitution. The outcome of this initial process is that the members will take ownership of the club and it will have a much richer impact.

Learners could express the desire for unstructured conversations around particular topic areas/issues, which could be held in a larger group sitting in a circle. However, it can be helpful to add structure, at least to begin with. You can find some examples of programmes and topics discussed in IkamvaYouth's previous clubs in the resource folder.

There are several organisations that exist that work with girls and boys specifically and it could be possible to outsource this programme. The internet is your best port of call, however it would also be worth contacting other organisations in your area to find out if they a) offer any services b) use any services.

**Resources/Templates; Sample Man Club session plans, Sample Ladies Club session plans**

## Philosophy Club

Philosophy in its broadest sense is the study of thought. In addressing philosophical questions in a group dialogue learners:

- Improve their English speaking confidence and vocabulary
- Are able to form better arguments
- Develop their reasoning skills
- Engage in critical thinking
- Develop respect for their peer's opinions
- Build empathy
- Begin to see things from multiple perspectives
- Are able to give/receive constructive comments and criticisms

There are many benefits of practicing philosophy at a young age. And when working with young people from schools that have not laid the strong foundations for 'thinking' skills to develop, it becomes essential.

Philosophy Club was held over a term and learners self-selected to be a part of the club. As any group conversation the first steps are to create the trust between the group and establish ground rules for engagement.

You can then begin with providing the group with basic questions, or you could ask them to generate their own based on a particular resource, photo, object etc. Or you could discuss the meaning of a quote etc.

Once the question is asked to the group learners are encouraged to voice their opinion i.e. 'I think that...'. and then for other learners to build on this point by directly agreeing or disagreeing with others comments. The facilitator will guide conversations but will try as far as possible to facilitate learner to learner discussion rather than stand-alone comments directed at the facilitator. This takes time to establish as a norm.

You can find a lot of resources and more information [here](#).

**Resource/Template; Philosophy Discussion Quotes**

### Note

**DON'T WORRY.** You don't have to be a philosophy professor to run a philosophy club. An interest in learning and thinking is all you need.

Start with a question:

*e.g. Do you think South Africa should have army conscription?*

And gradually get more 'philosophical':

*e.g. Can conscription ever be morally justified?*



## Study Skills workshops

Tutoring fosters study skills by encouraging young people to read, ask questions, look for information, take notes, and look at a problem from different angles. However, there are other basic study skills that your learners will benefit from knowing. There are numerous different approaches to studying and one of the aims of teaching study skills is to expose the learner to the range of different methods. A learner who has been unable to grasp a concept taught in class may be able to master something when taking a different approach.

Some of the core study skills learners need to master are:

- Effective note-taking
- Skim-reading
- Making revision notes
- Drawing, diagrams, and illustrations
- Summarising
- Essay planning
- Research
- Time management

There are a few organisations who offer workshops, however IkamvaYouth would be interested to finding out about more. If you know of any service providers who deliver such programmes/workshops etc. please share. Check out this [blogpost](#) about a study skills workshop in Ebony Park.

### Tip

Many of your tutors will have their own study tips and can share the skills they have learn over their secondary school and university/college time.

This can also help build the relationships between learners and tutors and learners begin to realise that the tutors were once where they were i.e. creating role-models

# Computer Literacy

Being computer literate has become a necessity. The reality of the 21st century is that without computer literacy it is unlikely that someone will be able to access the labour market. While some schools in township communities do have computer facilities these are few and far between and those that exist are often lacking in quality hardware, software and the human resources to manage an effective facility and deliver quality computer training.

## Setup

The first step towards providing computer literacy classes is, of course, locating a facility or accessing IT equipment. There are several methods of doing this which are summarised below:

### 1) Find an existing facility

Schools may have a computer facility, which will often be under-used. Speak to teachers and principals and find out if it is being used after-school and whether they would be interested in letting you use the space. You could offer to upgrade the facility (if budget allows) in return for using the space.

Libraries often have some form of computer facility. Find out what exists already, whether you can use it, or whether you can add to it so it works better for your purposes and the community at large.

### 2) Fundraise for your own facility or laptops

Look out for fundraising opportunities. Check [NGO Pulse](#) and [Funds For NGOs](#) regularly for grants that focus on ICTs. You can also approach large ICT companies (ideally through someone you already know) and find out if they have Corporate Social Investment (CSI) budgets to support hardware. When companies or institutions are upgrading their own hardware, it can be a great opportunity to access refurbished computers.

If you don't have a huge amount of space, laptops could be an option but these come with an additional security risk so make sure you have accounted for this with extra security at your centre and a lock up facility.

## Note

Be careful if you are receiving donations for your computer facility. Outdated computers are often not compatible with new software and can cause you more problems and costs in the long-run. It helps to have a computer 'expert' look over any donations.

### 3) Partner with organisations who have a similar vision and co-fundraise

There are many organisations and companies working towards improving the information technology learning opportunities for young people in South Africa. Organisations that IkamvaYouth have partnered with in the past include [Olico](#), [Fundza](#), [Siyavula](#), [Edunova](#), [Numeric](#), [RLabs](#), and media departments at universities.

Through partnership you may be able to mobilise more funds and also a better quality of service delivery. For instance IY worked with Numeric who co-funded our computer facility, which was used for the delivery of the Kahn Academy.

## Tip

Look for connections and collaborations that exist or could be created.

There are some technological considerations you will have to think about:

- What operating system do you want to use – Ubuntu, Microsoft?
- What form of internet connection do you want - Wi-Fi vs cable?
- What do you need to consider in order to ensure that your hardware can support the programmes you want to run – processing speed, GB/RAM etc?

## Tip

It is highly advised to seek advice from a tech expert before purchasing any equipment.

## Delivery

The second step is delivering the classes. If you have partnered with an organisation that focuses on delivery then this is a fairly simple step involving identifying the group of learners who will access classes, setting a time, day, and timeframe. If you are doing it yourself then it may be an idea to send staff member or volunteer (the more the better) on a computer training course so that they are capable of delivering the classes.

### Tip

If your learners have access to computers encourage their use at every occasion. Run computer research workshops (you'll be surprised how many learners are unable to use Google effectively), help them set up emails and use this to communicate with them, promote technology assisted learning resources.

**Resources/Templates: Operation Fikelela;  
Technology assisted learning resources list**

## Winter School

Winter school is a programme that runs for 2 weeks in the June/July holidays. It provides learners with a safe space to spend their holidays, interact with their friends and receive intensive tutoring, career guidance, creative workshops, and targeted excursions and experiences.

Watch this [video](#) to find out more about the winter school.

There are numerous options for the activities that you want in your winter school. This list is some tried and tested ideas that really help to enhance the learner’s academic understanding and improve their awareness of opportunities and possibilities for their futures:

- Drama workshops; these can explore issues that are pertinent in the communities in which you work, or be fun imaginative activities, or use a specific script (which can help improve English)
- Debating competitions; encourage English and can explore topical issues
- Study and revision skills; note taking, skim-reading, revision cards, look-cover-write-check, summarising – you can make these workshops interactive and fun by making activities into games/competitions
- Science Practicals and access to science labs at neighbouring schools/mobile labs/universities/colleges
- Practical activities to deepen understanding i.e. model making, role playing, project-based learning activities, robotics – talk to universities and other organisations that focus on these activities
- Career guidance talks and 1:1 sessions
- Motivational speakers
- Nutrition and keeping healthy during exams

### Note

Beyond the core elements you can adapt the length and format of winter school to suit your budget, capacity, time and the learner’s specific interests.

Winter school acts as a huge incentive for learners to attend tutoring sessions throughout the term as they are required to have a high enough % to secure their place at Winter School. It can also be used as an effective way to launch your tutoring programme.

When planning, some of the main areas to consider are: venue; budgeting and cash projections; partners and sponsorship; learner and volunteer recruitment and applications; scheduling; insurance and indemnity forms, Memorandums of Understanding (MOUs); methods of evaluation; follow-up activities.

#### **How-To Guides: Winter School How-To**

## Tip

**START NOW!** Planning for winter school needs to start very early. In March/April it is advised to find a venue and start allocating budget so you know what you are working with. You can then plan the logistics. Bear in mind that everyone is on holiday at this time and there are other winter schools being held so if you want to secure quality workshop providers get your requests in before the rush!